NO BABY BEYONCE COMING SOON
THE WORD {page 10}

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Is it high time for prescription pot?

State Legislature holds public hearing on bill to legalize and regulate medicinal marijuana Would create 19 dispensaries, allow patients to own 24 plants {page 02}

NICOLAUS CZARNECKI/METRO

▶ Gary Lindquist has a metal plate in his head and takes painkillers after a 2000 accident. He testified yesterday in support of medical marijuana.

News

Google's new social network

Search giant is pushing into Facebook's space again With failure of Buzz, this time focus is on privacy, it says {page 06}

Tiger unsure of return date

But the golfer's rocking a killer beard these days {page 25}

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In the news

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A 76-year-old Weymouth man pleaded not guilty to charges that he stole nearly $500 from his church. Wilbert Nickerson was arrested Sunday at St. Jerome Parish where he was a volunteer, according to The Patriot Ledger. Police said they caught Nickerson on tape pocketing the money. METRO

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The push for pot

NICOLAUS CZARNECKI/METRO

▶ Gary Lindquist, who was severely injured in a motocross accident in 2000, testified at the State House in support of medical marijuana. He held up examples of the prescription painkillers he has to use daily due to his injuries.

Joint committee hears bill on joint usage • Bill would legalize medical marijuana • Dispensaries would distribute to qualified patients

Gary Lindquist had difficulty entering the State House yesterday because the metal plates in his face and chin kept setting off the detector.

He was there advocating for a bill to legalize and regulate medical marijuana so he could stop carrying around excessive amounts of Oxycontin, the narcotic he uses to treat nerve damage sustained in a motocross accident 11 years ago.

"I would rather dull the pain with marijuana than have to take another OC," said Lindquist.

The Joint Committee on Public Health heard from Lindquist and others during a public hearing yesterday.

If passed, it would allow nonprofit dispensaries to grow plants and prescribe medicinal pot to registered patients with varying disabilities and diseases under the watch of the Department of Public Health.

By the numbers

- **16** states, including Vermont and Maine, have legalized medical marijuana
- **10** states have pending medical marijuana legislation
- **19** dispensaries would be set up throughout the state if the bill passed
- **24** pot plants a registered patient could have if the bill passed.

"You can stop people from having to suffer and becoming junkies," Lindquist testified.

Committee members worried the DPH wouldn't be able to regulate the new law due to recent staff cuts.

Holding up his giant bottle of pills, Lindquist said he could either take an OC or break the current law by possessing pot.

He said pot spares him from pain and doesn't have the negative effects of OCs.

Lindquist was one of several disabled speakers in favor of the bill, sponsored by Sen. Stanley Rosenberg and Rep. Frank Smizik, which would allow registered patients to possess 24 plants.

Rosenberg said the annual fees paid by dispensaries would cover management and enforcement costs and bring in new tax revenues.

Dr. Leonard J. Morse, who spoke against the bill, said the nation's greatest plague is drug use, and the bill would send a bad message to kids.

"It's a gateway drug," said Morse, Worcester's health commissioner.

STEVE ANNEAR
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National push for pot

Congressman Barney Frank, D-Mass., and Republican Presidential hopeful Ron Paul teamed up to co-sponsor a bipartisan bill last week that would let states nationwide legalize, regulate and tax weed the way they do with alcohol.

The pot push followed a report filed by the Global Commission on Drug Policy that called the "war on drugs" a failure and nudged nations to start testing diverse drug policies, including legalization. METRO/SA

Shipping up to Fenway

BOSTON. The Red Sox announced yesterday that the Dropkick Murphys will perform two concerts — on Sept. 8 and 9 — at Fenway Park pending city approval.

The shows will be played in a "bleacher theater" style set up, with the stage set atop the bullpens in right field and fans seated in the bleachers and first few grandstand sections, according to the team, which called the concert setup an "intimate setting."

Tickets go on sale July 7. METRO

▶ Devoe

JP woman missing

BOSTON. Police are seeking the public's help in finding a missing 28-year-old Jamaica Plain woman. Amber Devoe went missing June 21, police said.

She is in good mental and physical health and a neighbor said she may be at a National Guard training.

On Monday, a family member said Devoe may be without necessary medication.

Anyone with information can call 617-343-5628. METRO

Get in on slamming the T

CAMBRIDGE. Local beatniks will take the stage tonight to talk about the T, poetry slam style.

The Boston Poetry Slam will host its first-ever MBTA Slam at the Cantab Lounge in Cambridge's Central Square, where teams of poets representing each line on the T's system will battle it out through lyrical beat-boxing.

The event is a prelude to the National Poetry Slam this August in Boston and Cambridge. METRO

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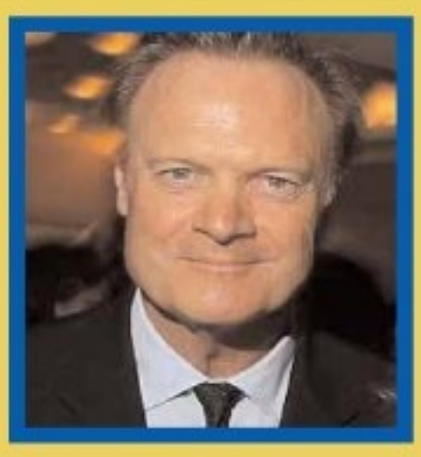

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Police hunt for gunmen who shot 4-year-old

Boston police are stepping up patrols and seeking the public's help identifying the gunmen who shot a 4-year-old boy in the back at a Dorchester park Monday night.

Yesterday, Boston Police Commissioner Ed Davis said BPD is developing significant leads in the case through ballistics evidence, but they need more assistance from the neighborhood near Harambee Park, where the shooting took place around 9 p.m.

"This is outrageous ... and I hope the [person responsible] is proud of himself today," said Davis, adding the young victim was in stable condition, but the family has asked for privacy.

The department is utilizing all of its resources and collaborating with various agencies, including the public health commission, to canvass the area and engage with residents about ongoing concerns following the shooting.

There will be an increase in officers near the shooting site so the city doesn't have to shut down the park, said Davis.

Everyone in the neighborhood needs to stand up against an increasing gang problem in the area due to "young men who use guns randomly," he said.

"We want to bring these individuals to justice," said Davis, who confirmed the shooting was gang related.

If you have any information, contact the BPD or call 1-800-494-TIPS or text TIP to CRIME (27463).

NICOLAUS CZARNECKI/METRO

▶ Police increased their presence at the playground were a 4-year-old was shot Monday evening.

Upping the ante

- There will be increased uniform presence in Harambee Park, Blue Hill Avenue, Talbot Avenue, Franklin Field.
- The Safe Street Team and Specialized Units will patrol and engage with neighbors and local businesses.
- The CrimeStoppers Unit is distributing anonymous Text-A-Tip pamphlets
- The Neighborhood Crime Watch Unit is canvassing the area encouraging individuals to take part in Neighborhood Crime Watch efforts.

STEVE ANNEAR
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Whitey's defender just as notorious as man himself?

Bulger, potential legal team in court Prosecutors seeking to dismiss extortion charges filed in 1994

NICOLAUS CZARNECKI/METRO

▶ The FBI caravan carrying James "Whitey" Bulger makes its way to the Moakley Courthouse yesterday.

It was a very different James "Whitey" Bulger that appeared in federal court in South Boston yesterday.

Instead of wearing a white hooded shirt and jeans, the 81-year-old was dressed in an orange jumpsuit with "PCCF" labeled across the back. The letters stood for his new residence — the Plymouth Country Correctional Facility.

He shuffled in and out of the courtroom 10 while looking down. Last week he bounded into the courtroom and smiled at his brother, former Senate President William Bulger, who was not in court yesterday.

The hearing in front of Chief Judge Mark Wolf focused on the request by the U.S. attorney's office to drop the 1994 racketeering and extortion charges against him.

U.S. Attorney for the District of Massachusetts Carmen Ortiz wrote in yesterday's request for dismissal that the evidence in the extortion case had "become weaker during the period of the defendant's flight."

"If he was a younger man, I wouldn't want anything dropped, but ... time is not on our side with this animal. The fast track is our best option."

TOM DONAHUE, SON OF ALLEGED BULGER MURDER VICTIM MICHAEL DONAHUE

Ortiz said in the filing that if Bulger is convicted on the other case that indicts him on 19 murders, he would face a jail sentence that would send him to prison for the remainder of his natural life. The extortion case has no such penalty available, she wrote.

Peter Krupp, Bulger's preliminary attorney, said he had to speak with Bulger about the sudden filing before deciding whether to object to the prosecutor's request.

Krupp also accused the U.S. attorney of judge shopping. The murder indictments will not be heard by Wolf.

David Frank, an editor at Massachusetts Lawyers Weekly, said Wolf is a thorough and fair judge, but has a reputation of being tough on prosecutors.

Krupp also requested that Wolf bar authorities from leaking any information to the media, which he said has already taken place. Wolf questioned prosecutors on how their office is going to stop the leaks from continuing.

MICHAEL NAUGHTON
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Potential lawyers listen in

Seated in the last row of courtroom 10 inside the federal court in South Boston yesterday was a team of all-star criminal defense lawyers who could potentially make up alleged fugitive mob boss James "Whitey" Bulger's defense team.

The team included Max Stern who represented former state Sen. Dianne Wilkerson and the fastener company involved in the Big Dig ceiling collapse.

While leaving the courthouse yesterday, Stern said he has yet to be retained. Massachusetts Lawyers Weekly reported the team would likely represent Bulger. ● METRO/MN

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Patients stand up for drug

SILVER SPRING. Breast cancer patients testified that Roche Holding's Avastin saved their lives as U.S. health officials consider whether the world's best-selling cancer drug should still be approved for that condition.

Patient testimony began the rare two-day meeting to hear Roche's appeal of the Food and Drug Administration's proposal in December to remove the breast cancer indication for Avastin.

"We cannot permit sponsors to evergreen approval of a drug that has not been shown to be safe and effective," said Dr. John Jenkins of the FDA. **REUTERS**

Woman sues retailer over headscarf

SAN FRANCISCO. A Muslim woman alleged in a lawsuit filed this week that U.S. retailer Abercrombie & Fitch forbade her from wearing her head scarf while working at a northern California clothing store owned by the company.

Hani Khan filed her federal lawsuit in U.S. District Court for the Northern District of California, with support from the Council on American-Islamic Relations and the Legal Aid Society-Employment Law Center. The suit accuses Abercrombie of violating Khan's civil rights by discriminating against her on the basis of religion. **REUTERS**

Search Plus: You got your Facebook in my Google!

REUTERS

▶ The new Google Plus shares some features with Facebook.

Search leader tries one more time to get into the social network biz

Google, frustrated by a string of failed attempts to crack social networking, is taking another stab at fending off Facebook and other hot social sites with a new service called Google Plus.

Google designed the service, unveiled yesterday, to tie together all of its online properties, laying the foundation for a full-fledged social network. It is the company's biggest foray into social networking since co-founder Larry Page took over as chief executive in April.

Page has made social networking a top priority at the world's No. 1 Internet search engine, whose position as the main gateway to online information could be at risk as people spend more time on sites like Facebook and Twitter.

To set its service apart from Facebook, which has more than 500 million users, Google is betting on what it says is a better approach to privacy, a hot-button issue that has burned Facebook, as well as Google, in the past.

Central to Google Plus are so-called "circles" of friends and acquaintances. Users can organize contacts into different customized circles — family members, co-workers, etc — and share photos, videos or other information only within those groups. **REUTERS**

The U.S Department of Housing and Urban Development has launched the Emergency Homeowners' Loan Program (EHLP) to assist homeowners who are at least 90 days late on their mortgage, and unemployed or working fewer hours because of the economy or a medical condition with mortgage payments up to $50,000.

Don't miss this opportunity!

THE DEADLINE TO APPLY IS JULY 22, 2011.

For more information about the Emergency Homeowners' Loan Program from the U.S. Department of Housing and Urban Development:

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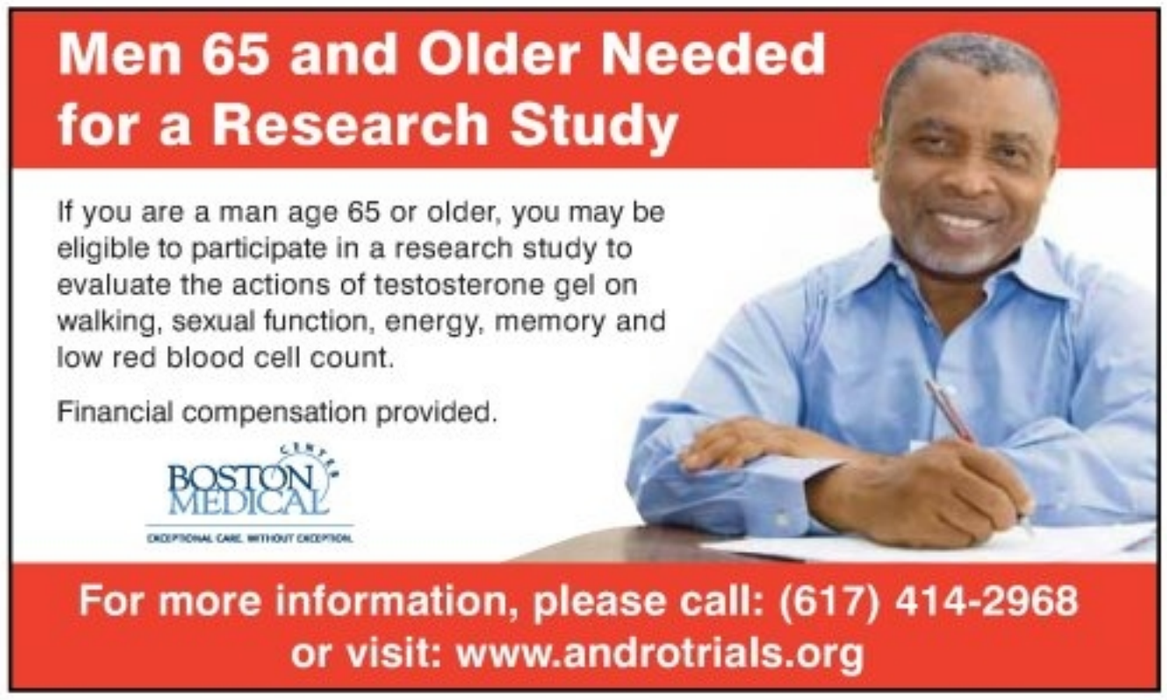

July 4 reveals state of US dependence

Even our nations flags are outsourced Millions of dollars in patriotic goods produced out of the country

You know the U.S. is in trouble when even some American flags are made in China.

Patriotic souvenirs are big business in the U.S., with domestic manufacturers shipping about $300 million worth of flags, banners and the like each year. But according to the U.S. Census Bureau, not all Independence Day souvenirs are homemade.

In 2010, the U.S. imported $3.2 million worth of American flags, the vast majority of which were manufactured in China, the bureau found. By comparison, we exported less than $500,000 worth of flags, most of which were shipped to Mexico.

Perhaps it should come as little surprise that we would import more American flags than we'd export, since other countries probably are more interested in buying their own flags, rather than ours, but do we as a country really need to rely on China to manufacture millions of dollars worth of flags each year?

American flags aren't the only popular Fourth of July product commonly manufactured in China. We also imported nearly $200 million worth of fireworks from China in 2010, just shy of the $231 million worth of fireworks that were produced and shipped domestically.

CONTRIBUTED BY The Street

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PHOTO ILLUSTRATION

▶ Just how patriotic is that patriotic gear you've been buying?

Staying home?

More Americans are planning to celebrate Independence Day this year at home or close to it, a new travel forecast shows.

- Some 39 million people are expected to travel 50 miles or more from their homes this year, down 2.5 percent from the 2010, according to projections from AAA, driven in part by recent increases in the cost of gas.
- Nearly half of those consumers surveyed by the AAA said higher gas prices would affect their travel plans, with about a third saying they intended to travel shorter distances. MAINSTREET.COM

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Bombers attack top hotel in Afghan capital

Suicide bombers attacked a major hotel frequented by Westerners in Afghanistan's capital late yesterday, with four blasts and bursts of gunfire heard after an attack claimed by the Taliban, police and Reuters witnesses said.

There was no immediate information about the casualties.

The attack at the Intercontinental Hotel, one of Kabul's two main hotels, came the night before a conference about the gradual transition of civil and military responsibility from foreign forces to Afghans was about to begin.

The hotel was not one of the venues to be used by the conference or its delegates, an Afghan government official said.

One blast was heard at the start of the attack — and then three more at least an hour later, one of the Reuters witnesses said. Bursts of gunfire were heard over the same period and flares lit up the sky over the hotel. REUTERS

Transition

The increase in violence comes as NATO-led forces prepare to hand security responsibility to Afghans in seven areas from next month, at the start of a gradual transition process that will end with all foreign troops leaving Afghanistan by the end of 2014.

CRAIG FRITZ/REUTERS

▶ Flames from the Las Conchas fire burn in the hills above Los Alamos National Laboratory, a nuclear facility.

NM races to protect nuke lab from fire

Los Alamos National Laboratory under threat from wildfires ◐ Blaze could double or triple in size ◐ Air quality being monitored for radiation

New Mexico officials raced yesterday to bring in more fire crews and equipment, including radiation monitors, as an out-of-control wildfire raged near the pre-eminent U.S. nuclear weapons laboratory.

Firefighters managed to keep flames off Los Alamos National Laboratory property throughout the night on Monday as the blaze continued to grow, reaching 60,741 acres, said Lawrence Lujan, a spokesman for the Santa Fe National Forest.

Importance

Los Alamos National Laboratory was established at the end of World War II to house the top-secret Manhattan Project to build the first atomic bomb. It still serves as home to the nation's largest nuclear weapons cache.

POST YOUR COMMENTS: WWW.METRO.US/NEWS

The laboratory will remain closed today due to fire danger, lab spokesman Kevin Roark told Reuters.

Fire officials said the so-called Las Conchas blaze had the potential to double or triple in size. Several towns are under mandatory evacuation, including the nearby city of Los Alamos, with a population of around 12,000.

Los Alamos lab officials called in teams late Monday to monitor its air quality, including a broad spectrum of radiation, and have high-volume air samplers ready to deploy.

Roark said that no lab facilities faced immediate threat and all radioactive and hazardous materials were accounted for and protected. The closest call was when Monday's spot fire burned an area called TA 49, which has been headquarters of the lab's bomb squad and training facilities for its hazardous materials response team. The fire was quickly put out. REUTERS

At IMF, less M, more F

French Finance Minister Christine Lagarde yesterday clinched the top job at the IMF, keeping the international lender in the hands of a European at a time of growing concern over a possible Greek debt default.

Lagarde will become the first woman to head the International Monetary Fund when her five-year term as managing director begins on July 5. She will find herself immediately immersed in efforts by the IMF and European Union to head off a Greek default that could touch off an international crisis.

"The executive board, after considering all relevant information on the candidacies, proceeded to select Ms. Lagarde by consensus," the IMF said in a statement. REUTERS

Lagarde

Consumers still gloomy

NEW YORK. The plunge in U.S. home prices showed signs of leveling off in April, but worries about unemployment pushed consumer confidence to a seven-month low in June.

House prices were helped by the start of the spring selling season, data showed yesterday.

Nonetheless, economists warned prices will likely crawl along at low levels as a large number of homes, many of them at bargain prices, come up for sale.

"The degree of hemorrhaging seems to be slowing," said Anthony Chan, chief economist at JPMorgan Private Wealth Management in New York. REUTERS

GETTY IMAGES

▶ Pawlenty

Pawlenty criticizes Obama

Republican presidential candidate Tim Pawlenty accused President Barack Obama yesterday of a timid and incoherent response to the "Arab Spring" uprisings against autocratic rulers across the Middle East and North Africa.

"From Morocco to the Arabian Gulf, the escape from the dead hand of oppression is now a real possibility. Now is not the time to retreat from freedom's rise," Pawlenty said in what was billed as a major foreign policy address.

The former Minnesota governor, seeking to gain ground in the race for the 2012 GOP presidential nomination, said Obama had failed to carry out an "effective and coherent strategy" in response to the Arab Spring uprisings. REUTERS

Sites changing the college book model

Expensive student burden may soon be a thing of the past Online manuals being offered for free, with ads

For thousands of college undergrads and those pursuing a postgraduate degree, the cost of books has always been an extra burden when it comes to paying for their education.

But a website offering free books promises to change all that. Book Boon — www.bookboon.com — was, until six years ago, a traditional book-publishing company. Now it offers around 350 e-books, free to users, in the fields of finance and economics, engineering and natural sciences, as well as information technology.

In the U.S., the website www.educationoption.com has begun offering a selection of the books, including expert tuition in Microsoft Word and Excel. The collection of free books is expected to grow.

Kristian Buus Madsen, CEO of Bookboon.com, explained: "We sell advertising into the books, which is how we can offer them to users entirely free."

Madsen says competitors offer a limited amount of free titles, "But we're the only ones doing this hard-core. The quality is everything because people are suspicious of anything that's free. Our first priority is to make sure the information we offer is top-quality." METRO

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Murdoch unloading Myspace

NEW YORK. News Corp. is expected to sell the troubled social-media site Myspace in the next two days, according to a source.

The deal is likely to be a mix of cash and stock for less than $100 million. More than 50 percent of Myspace's 500-strong workforce is expected to be laid off because of the sale.

The deal is expected to be sealed on the heels of the Sun Valley conference. REUTERS

$580M

News Corp. paid $580 million in 2005 for Myspace — once a pioneer of the social networking space — but soon lost ground to Facebook, now the world's No. 1 social-networking site.

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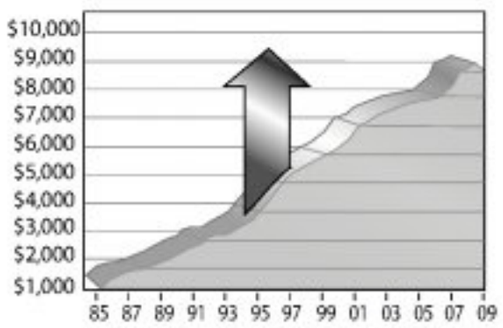
Tom Hill
CGA STAFF WRITER

Every three minutes another person falls behind on credit card debt. It's no wonder, since every major credit card company has nearly doubled the minimum monthly payment on consumers' bills. Federal Regulators forced the change because of their concern about the growing mountain of consumer debt, which stands at $2.17 trillion. Many consumers can only pay the minimum payment, which can take up to 30 years to pay off. Now, relief is in sight for millions of Americans.

U.S. CREDIT CARD DEBT PER HOUSEHOLD ($)



(Data Source: U.S. Federal Reserve)

CreditGUARD of America, a non-profit licensed debt management service provider, is making a new program available to lower debt payments and become free of all credit card debt in only three to five years. Consumers need only $2,000 or more in total credit card debt and falling behind on any account, to cut their payment by 35% to 50%, and reduce or eliminate interest charges altogether.

Over 200,000 families, located throughout the U.S. have regained financial independence with CreditGUARD's licensed, bonded and insured service. CreditGUARD of America has received high marks in consumer surveys showing high consumer satisfaction and confidence. The CreditGUARD debt management program can lower your monthly payments by hundreds and save you thousands!

One such case is Sandra L. who proclaimed *"CreditGUARD cut my monthly payment by $656 and saved me over $29,206.53 in interest. They saved my way of life and gave me back my piece of mind! Now I can see myself on my way to becoming debt free."* or Jeffery C. who said *"CreditGUARD of America helped me consolidate 3 of my credit cards into one affordable payment. They are now saving me nearly $200 a month. Now I will be debt free in 2 years or less"*

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THE WORD

Metro's **Dorothy Robinson** shares her take on the world of gossip @dorothyatmetro dorothy.robinson@metro.us

The feed ...

▶ Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or less.

Russell Brand is enjoying his latest accolade, Helen Hunt is seeing signs and Jonah Hill is over-thinking reality television.

▶ @rustyrockets
Thanks for voting me PETA's sexiest vegetarian now no one will be sure what I mean when I offer them a nut roast.

▶ @HelenHunt
I had 1 hour of free time today. Wasn't sure if I shd surf or write. I surfed and saw a ballpoint pen floating in the water. SWEAR TO GOD.

▶ @JonahHill
Bruce Jenner is the least famous of the Kardashians but the irony is that he is the only one with a talent of any kind that deserves fame.

Helen Hunt

Cook plans to tune in to 'The X Factor'

David Cook, winner of the seventh season of "American Idol," knows who buttered his bread back in 2008.

"I might tune in — [show] a little old-school support," he said when we asked him if he'll be supporting his past judges, **Paula Abdul** and **Simon Cowell**, in their new venture, "The X Factor." "I think Simon and Paula both were a huge part of the 'Idol' process for me; Paula was a big champion of mine, so I'm sure I will support."

But does Cook, who was celebrating the release of his second album, "This Loud Morning," at The Paramount Hotel yesterday in New York, think the popularity of "The Voice" might take away some of the audience for "The X Factor"? "I think it's great because I feel like those are just more avenues to find new talent," he told us, ever the diplomat. "I think it's a win-win for everybody."

However, he later admitted that although he owes his newfound fame and fortune to a televised singing competition, it doesn't necessarily mean they're always on his must-see list.

"The thing is, I actually haven't watched 'The Voice,' so I don't even know the format, I just know there's four left," he says. "I don't know how they got there."

— With additional reporting by Meredith Engel

A Cook-out for Fourth of July?

"You know, unless a show pops up, I'll probably just get lost in a bottle of beer and watch the fireworks. If I could sneak home, I might go catch up with family, but [since] I live in L.A., I'll probably just hang there with my pup and brother. I have a Scottish terrier."

David Cook celebrated the release of his new album, "This Loud Morning," at the Paramount Hotel yesterday.

PHOTOS: GETTY IMAGES

Beyonce: Waiting on the babies

Beyonce admits that when it comes to starting a family, she may have to eat her own words. "I always said I would have a baby at 30," the singer, who turns 30 in September, tells **Piers Morgan**. "But," she added, "I also said I was going to retire at 30." Far from retiring, she has a new album out and she also says her marriage to **Jay-Z** is just fine. "Jay and I have made a decision that we want to be known for our music and not our relationships or scandals," she says. That's such a sane thing to say, I can't believe I'm devoting column space to it.

Beyonce

Aniston dishes out the advice

With so much attention on her love life, it's no surprise **Jennifer Aniston** also gets asked for relationship advice.

"You need to talk to each other and you have to say what you want. You don't confront your man about things which you're not happy about, you approach it in a much more constructive way," she tells OK! magazine. "You never want to be in an adversarial situation where it's you versus him."

Funny. You'd think her first piece of relationship advice would be to make sure your foxy husband doesn't decide to co-star next to **Angelina Jolie**.

MORE GOSSIP WWW.METRO.US/WORD DOROTHY ROBINSON'S WORD BLOG

Talking points

Shia LaBeouf understands

Shia LaBeouf admits he doesn't have the best public image in Hollywood, but he just can't help being himself, the "Transformers" star tells Details magazine. "I would like to be **George Clooney** — diplomatic. I just don't have the wherewithal yet or the inner serenity," he says. "My bulls— meter is tuned very sensitive. The minute it starts kicking up, I get back to truth, and sometimes that involves, you know, 'I don't want to take a picture.' And if that's the case, am I an a—hole for being honest? Or am I an a—hole for being dishonest, smiling in your picture and I f—ing hate being there? Which one is worse? These are the questions I ask myself that George Clooney doesn't ask."

Olivia and Jake?

Olivia Wilde has caught the eye of another of Hollywood's most eligible bachelors. The "House" star was reportedly acting very "touchy-feely" with **Jake Gyllenhaal** during a recent night out at the Chateau Marmont, sources tell People magazine. "At one point, he had his hand on hers," a source says. "Olivia was very cool and wasn't fawning over Jake but seemed to like the attention he was giving her." The two left separately.

▶ LaBeouf

▶ Wilde

Now just 'One and a Half Men'

It looks like **Charlie Sheen** and "Two and a Half Men" are done for good, as the show's writers are planning to kill Sheen's character off to prevent him from ever returning to the show, according to TMZ. While the script hasn't been finalized, sources say one option involves Sheen's character driving his car off of a cliff. Meanwhile, sources close to Sheen tell Radar Online that the actor has signed a deal with TBS, although TBS has denied any reports of a deal.

myentertainment

These stars got a case of the Mondays

1: She's got legs: Actress Penelope Cruz posed for photographers with her star during the opening of the Walk of Fame on Monday in Madrid, Spain.

2: Even Smurfs love Vuitton, it seems. Harper's Bazaar shot Smurfette, star of the upcoming "The Smurfs" film, for a fashion spread for the mag's August issue. She models Marc Jacobs, Lanvin, Dolce & Gabbana and Vuitton.

3: Way to terrify the Brazilians, Jim Carrey. The actor showed off his famous rubber face at a press conference for "Mr. Popper's Penguins" in Rio de Janeiro on Monday.

4: The usually blond Anna Faris (now with short, brown hair) was spotted en route to "The Dictator" movie set on Monday in New York City.

5: Chris Colfer popped up at the Beyonce concert on Monday in London. Gwyneth Paltrow, Adele, Jay-Z and Tom Ford were also in attendance.

6: Actress Julia Roberts displayed that famous grin at the premiere of "Larry Crowne" Monday night in Hollywood.

7: Jennifer Aniston was snapped leaving the "Daily Show With Jon Stewart" on, yes, Monday in New York City.

8: Kim Kardashian wore a Roberto Cavalli animal-print jumpsuit while wedding-dress shopping with Vera Wang in New York City (you guess which day).

1: PABLO BLAZQUEZ DOMINGUEZ/GETTY IMAGES
2: HARPERS BAZAAR
3: ALEXANDRO AUER/LATINCONTENT/GETTY IMAGES
4: RAY TAMARRA/GETTY IMAGES
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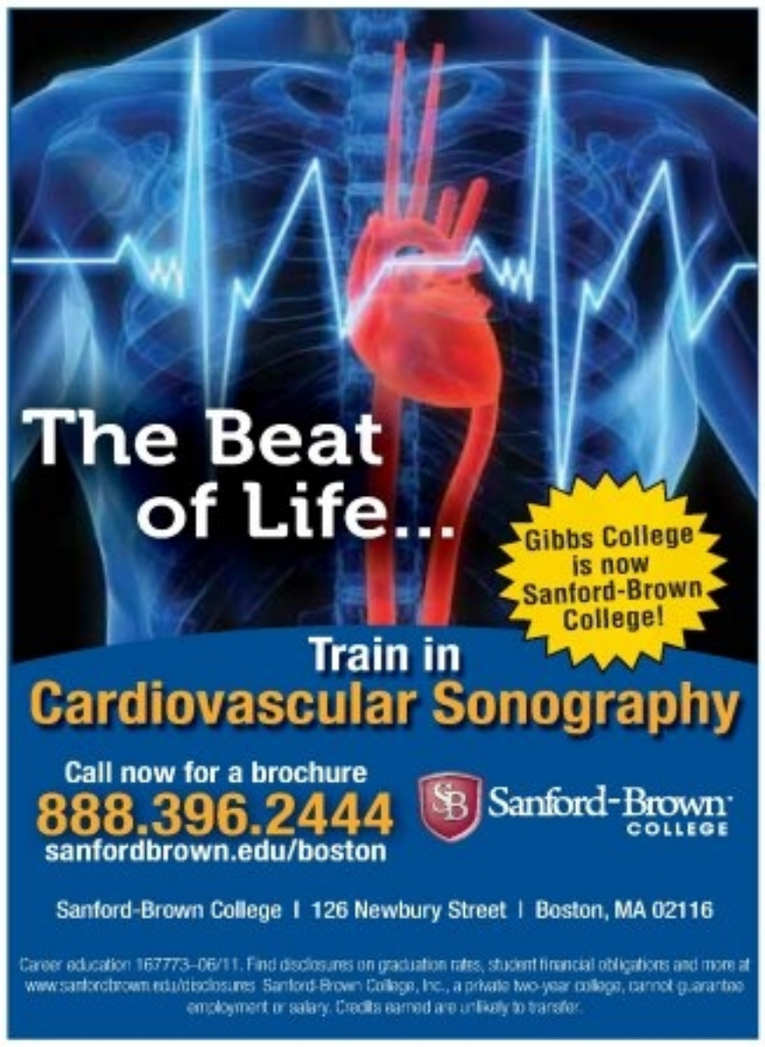

In defense of sexting

Chad Kultgen suggests you throw out your inhibitions and just take a picture of your no-no parts already

Forget public figures — why would any sane person send photos of their private parts? There's only one man who could help us understand: Chad Kultgen, author of feminist-enraging cult works "The Average American Male," "The Lie" and now, "Men, Women & Children," a novel that explores our new Internet landscape and its effect on interpersonal relationships. Here, he argues for the embrace of sexting behavior.

▶ **You're still hip:** The 13-year-old who lives in your building has sent images of his genitalia to every girl he knows and he's the most popular kid in his class. If you're not sexting, it might as well be 1986 and you refuse to listen to rap because you "can't understand what they're saying when they talk so fast."

▶ **You will be drunk:** You have a fun night out on the town but end up going home alone. You look through your contact list for a booty call and get no response except from someone who's out of town. You're going to send them a picture of your genitals. It can't be helped.

▶ **It's the new scrapbooking:** Why remember eras in your life with photos of peoples' faces when you could have photos of their genitals? No one cares about the graduation or the wedding — they care about the person they had sex with at the graduation or wedding.

▶ **Avoid having the sex conversation with your kids:** Just give them a cell phone and within a few weeks they will have figured it all out on their own. METRO

A reason to sext

▶ **The president will do it:** We all know congressmen enjoy sexting, but eventually our beloved commander in chief is going to send a lewd text to his wife (or more likely, not to his wife), and then all bets are off. Once the leader of the free world has his penis on the Internet, you're going to feel compelled to do your duty as an American and follow suit.

T|A|G
theater & arts guide

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myentertainment

No really, it's exactly what meets the eye

'Transformers: Dark of the Moon' corrects past mistakes and takes the audience on an epic, wild ride

COURTESY OF PARAMOUNT PICTURES

"Transformers: Dark of the Moon" is in theaters today.

The lesson of the success of "X-Men: First Class" and "Transformers: Dark of the Moon" might be that in order to get an audience interested, you can't be afraid to rewrite history.

As "X-Men" revamped the Cuban Missile Crisis to suit its needs, "Transformers" put a new spin on the space race of the 1960s, proposing that it was the crash of an Autobot spaceship on the moon that inspired the U.S. to develop its NASA program.

From there we meet up with Sam Witwicky in modern times (Shia LaBeouf), who after getting an Ivy League education, has moved in with his new girlfriend Carly (Rosie Huntington-Whiteley). Megan Fox's character is quickly dismissed in one line of dialogue.

Witwicky's new goal is to land a job, which he does, working for a strange incarnation of John Malkovich as Bruce Brazos, the brassy executive for a government contractor. Witwicky gets drawn back into the war between the Autobots and the Decepticons by way of the new company and a nutty scientist played by always-hilarious Ken Jeong.

What follows is a pretty tight sequence of events with the exception of the battles, which can be tediously long.

But Michael Bay has heard your pleas, "Transformers" fans. When the robots clash, it's much easier to understand the physics of what's happening — even if at times, they all look like the innards of a garbage disposal making out with a can opener.

If you go

'Transformers: Dark of the Moon'
Director: Michael Bay
Cast: Shia LaBeouf, Rosie Huntington-Whiteley
Rating: PG-13
Grade: ●●●○○

While the plot doesn't require much heavy lifting (and would you really expect it to?), the comic moments always come off as they're intended to. Huntington-Whitely doesn't bring much to the table, but then again, the female in distress hardly has to.

Overall, this third edition makes for an improvement on the last's failures. You know what you're going to get, and that's never been a bad thing for most movie-goers.

HEIDI PATALANO
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TV watch list

TRAE PATTON/NBC

Contestants try to find "Love in the Wild."

'Love in the Wild'

REALITY. Twenty singles get down and dirty — literally — while trying to find love during the requisite wacky reality show challenges in the Costa Rican jungle. **Series premiere, 10 p.m., NBC**

AMBER RAY

MTV2 must-see

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Protecting your skin

- You don't have to be at the beach to get sun damage
- What to know before purchasing your next tube

Now that the sun is shinning, we plan to spend as much time as possible outdoors. Dr. Kenneth Mark, a skin cancer surgeon and clinical assistant professor of dermatology at New York University, breaks down the new FDA regulations on sunscreen and tells us what we need to know to frolic under the sun stress-free.

COMSTOCK

▶ Lather up!

The new FDA regulations state sunscreens should protect against both ultraviolet A and ultraviolet B rays. Why?
Until recently, most chemicals in sunscreen did not protect against UVA rays (unless it contained a physical blocker such as zinc oxide and titanium dioxide, which protects against both UVA and UVB rays) and SPF only refers to UVB protection. UVB rays cause sunburn; however, UVA rays penetrate the skin deeper and cause more skin cancer and aging from the sun.

What happens to skin if you don't use sunscreen?
When you don't use sunscreen, you can get blotchy pigment (brown sun spots). The skin also thins, so blood vessels show through and cause redness. Besides that, collagen breaks down and you get wrinkles, and of course precancerous rough spots and ultimately skin cancers — all bad stuff!

How often should you apply?
When in the sun directly (at the beach, outside) apply sunscreen at least every two hours. If you are sweating or swimming, reapply every 30 minutes after significant water exposure. When you are in and out of the sun, apply your sunscreen two or three times throughout the day.

TINA CHADHA
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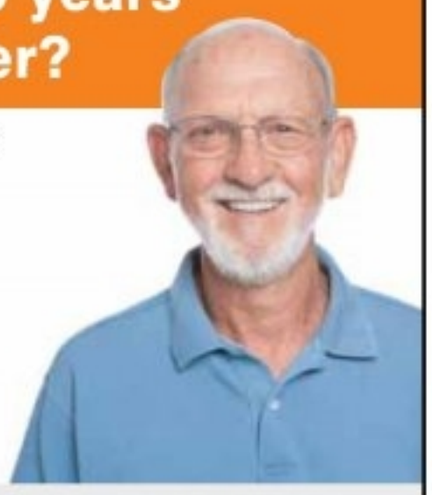

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MORE THAN FIREWORKS THIS JULY

Summer is in full swing with the arrival of July. If you're fortunate to live here, you don't need to vacation anywhere else.

The **30th Harborfest** kicks off June 29 with six days of events and activities — too many to go into detail here. **Extreme Sailing** launches on June 30 at Fan Pier. And who doesn't love the **Boston Pops'** rendition of the "1812 Overture" and the spectacular **Fireworks on the Esplanade** on July Fourth.

You can travel to Cape Verde on July Fourth and on to Puerto Rico for three days beginning July 29 at the annual cultural festivals. The partying doesn't stop there either. **The Boston Harbor Islands** offer an incredible variety of activities and events, from historic sites to hiking, kayaking, camping or simply sun bathing. Concerts, clambakes, vintage baseball games, children's theatre and a late summer regatta are also offered.

Film buffs will appreciate the annual **French Film Festival** at the MFA on July 7-24 and the **Roxbury Film Festival** on July 28-31. Prefer outdoor movies? Then grab a blanket and popcorn and stake out a spot at the Hatch Shell for **Friday Flicks** beginning July 15 or grab a table at the Boston Harbor Hotel for **Movies by Moonlight**. Sundown on Saturdays brings the **Family Film Festival** at the Prudential Center's South Garden. Prefer BIG? Then check out the films showing at the Aquarium's IMAX Theatre or the Omni Theatre at the Museum of Science.

Everyone is looking for a good deal these days. And in that spirit there are plenty of FREE things to do in and around the city. You can enjoy free admission daily at the USS Constitution and Museum, Bunker Hill Museum, tours of the State House and National Park Service tours of the Freedom Trail.

More July freebies include **yoga classes** on the Esplanade, the Greenway, Spectacle Island and at the Liberty and InterContinental Hotels.

Noontime concerts are held in Kendall Square on Tuesdays and Thursdays and on Tuesdays at the Prudential Center's South Garden. Monday evenings bring outdoor music to the Courtyard at the Charles Hotel and the Landmarks Orchestra plays at the Hatch Shell every Wednesday evening during July. A special open-air treat is Shakespeare's comedy **"All's Well That Ends Well"** on Boston Common from July 27 through Aug. 13.

July also brings **Farmer's Markets** brimming with local produce as well as seasonal specialities. I invite you to meander any of the markets found at Copley and Dewey Squares, the Pru's Boylston Street Plaza, Central and Charles Squares, City Hall Plaza, SoWa and throughout the city's neighborhoods.

*– Visit our website, **BostonUSA.com**, for more details and great deals and enjoy being a Boston Insider in your own backyard.*

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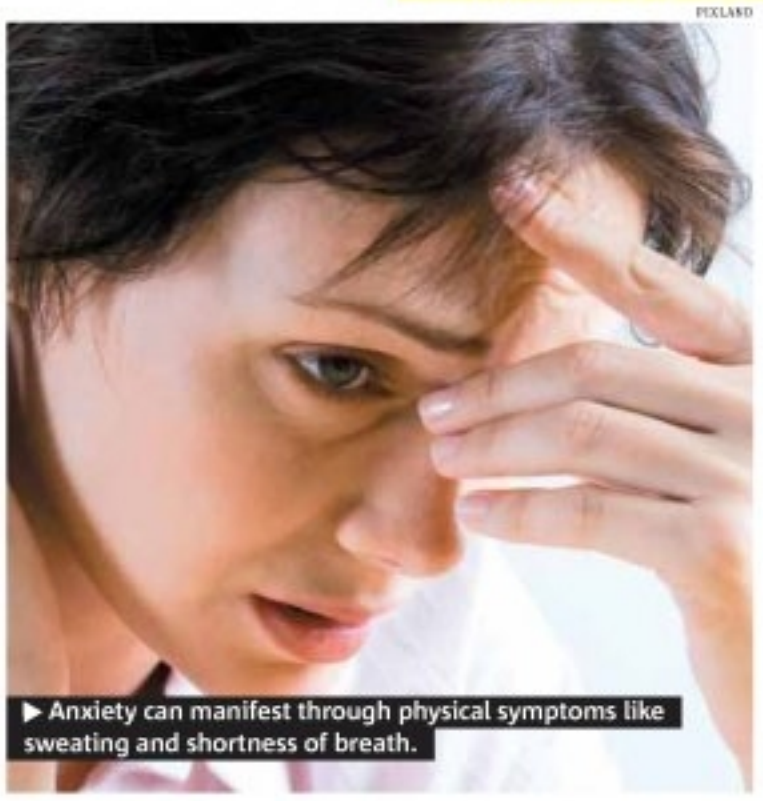

▶ Anxiety can manifest through physical symptoms like sweating and shortness of breath.

Helping to shed the stigma of anxiety

It's more common than you think ◗ 'Any anxiety should be addressed and treated,' expert says ◗ If you're struggling, don't be afraid to ask for help

Sweating, shaking, palpitations, shortness of breath and even vomiting are common symptoms of an anxiety disorder. Yet, Manhattan-based psychologist and therapist Dr. Jeff Gardere says that anxiety itself isn't the problem.

"Anxiety is a natural part of life," Dr. Gardere tells Metro. "The problem is when we are unable to pinpoint the causes and deal with that. When anxiety becomes so constant it starts to affect us physically, then we see real problems in our lives." Those problems can include fatigue, high blood pressure, difficulty in concentrating, irritability or sleep and appetite disturbances.

"Anxiety is a natural part of life. The problem is when we are unable to pinpoint the causes and deal with that."
DR. JEFF GARDERE

"People often hide their anxiety and don't deal with it until it becomes chronic. Any anxiety should be addressed and treated," he adds. "There are antianxiety medications and cognitive restructuring therapy. Cognitive behavior therapy helps people move past the mental attitude [that causes the anxiety] and flips the script to something that empowers you."

Some deep-rooted problems might not be immediately apparent, which is when long-term therapy is useful.

The first thing that people suffering with anxiety should realize is that they are not alone — it's something most people experience. For instance, Gardere recently went back to school and one class was so difficult for him that on several occasions he vomited beforehand. "If it happened to me, a shrink who treats people for this," he laughs, "it can happen to anyone."

LINDA CLARKE
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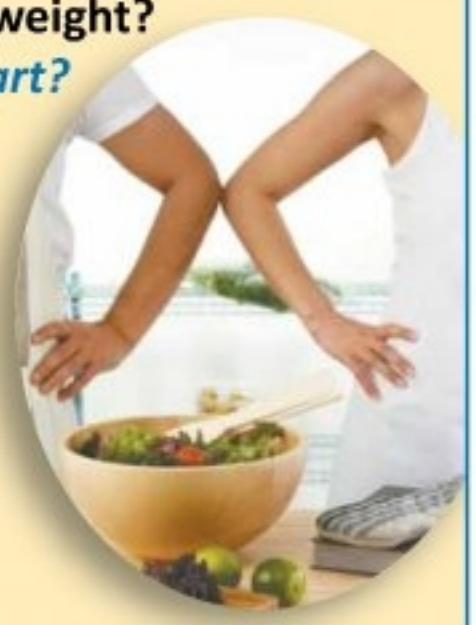

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Stay thirsty, my exercising friends

Staying hydrated is even more important as summer temperatures rise Experts say water or sports drinks should be consumed before, during and after workouts

The heat is rising in the city, and so are the amounts of unwanted pounds you're burning as you sweat your way through rigorous workouts.

But with every drop of water weight that seeps through your workout clothes, the silent danger of dehydration grows larger. Now, more than ever, the importance of staying hydrated while exercising cannot be underestimated.

According to the American Council of Exercise, the body can lose more than a quart of water during one hour of exercise. Dehydration can lead not just to muscle fatigue and cramping, but far more serious conditions, such as heat exhaustion, heat stroke and kidney failure.

"To keep your body running properly, drinking enough water is the most important thing you can do," said Dr. Stacy Sims, a sports nutritionist at Stamford University.

To prevent dehydration, water or sports drinks must be consumed before, during and after exercise. The ACE recommends 17-20 ounces of water 2-3 hours before exercise and another eight ounces in the hour preceding it. During exercise, 7-10 ounces of water should be consumed for every 10-20 minutes of activity, then another eight ounces within 30 minutes of completion.

For every pound lost during exercise, the body needs 16-24 ounces of water.

JEFF GOLDBERG
letters@metro.us

▶ Most gym equipment comes with a cup holder.

CORBIS/IOCK

Chilling out

The colder the beverage the better, according to studies conducted by the American College of Sports Medicine. "Cold beverages are more palatable during and after exercise," said former ACSM president Dr. W. Larry Kenney. "This greater palatability will increase consumption."

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Could your chronic cough be asthma? More adults are getting this disease.

Cases of asthma are on the rise around the world, especially in the United States. According to the National Institutes of Health, about 25 million Americans have asthma, and almost 1 in 13 adults reported having asthma in 2009.

Most people think of asthma as a disease that develops in childhood, but that is not always the case. Adults can develop asthma at any age. When diagnosed after age 20, asthma is known *as adult onset asthma.*

Those with a higher risk of adult onset asthma include:[1]

- Women who are having hormonal changes during pregnancy or menopause
- Women who take estrogen after menopause for 10 years or more
- Those with certain workplace exposures
- People with allergies, especially an allergy to cats
- Being overweight or obese
- People exposed to environmental irritants such as tobacco smoke, mold, dust, feather beds, or perfume (Smoke and perfume are irritants, whereas mold, dust and feather are considered allergens. People can be allergic to the latter and can be tested for this.)

What is Asthma?

Asthma is a disease that obstructs (narrows) the air passages making it hard to breathe.

Asthma is not curable, but it can be controlled. An adult with asthma needs to work with their health provider to develop an action plan for effectively managing the disease with medications, and possibly lifestyle modifications.

Different medicines are available, but generally, two types are used-one for quick relief of current asthma symptoms, and one for long-term asthma control.

Symptoms and Triggers

You may only discover that you have asthma when you develop symptoms. Common asthma symptoms include coughing, wheezing, shortness of breath, and/or chest tightness.[2]

Although you may have asthma, you may not always have asthma symptoms. Breathing in certain asthma triggers in the environment can cause your symptoms to start. Anything that causes a reaction that narrows your airways is a trigger.

According to the National Heart Lung and Blood Institute, triggers may include:

- Allergens from dust, animal fur, cockroaches, mold, and pollens from trees, grasses, and flowers
- Irritants such as cigarette smoke, air pollution, chemicals or dust in the workplace, compounds in home décor products, and sprays (such as hairspray)
- Sulfites in foods and drinks
- Viral upper respiratory infections, such as colds
- Certain types of physical activity, including exercise

Triggers can be different for different people. It is important to learn what causes your symptoms to flare up so you can avoid them.

It is possible for symptoms to become more severe, leading to an asthma attack. Milder attacks can be treated at home, but more severe attacks may require a visit to your doctor, or even admission to a hospital. Rarely asthma attacks can be fatal.

A care plan from a health care provider will cover exactly what to do when you experience symptoms or the severe symptoms of an attack.

Diagnosing Asthma

The first step in living successfully with asthma is to get a correct assessment. Adult onset asthma is easy to miss. Lung capacity naturally decreases as people age, so your health care provider may look for other causes for your symptoms.

Make sure that your evaluation includes discussing your medical history, a physical exam, a lung function test, and possibly allergy testings.

Living with Asthma

Once diagnosed, you and your health care provider can set up a care plan to control your asthma. Following that treatment plan –taking medications as directed and avoiding your triggers – is the best way to insure that you will be able to lead a healthy, active, normal life.

With the right asthma care plan and medications, you should be able to be free of symptoms, not have to miss work, be able to sleep through the night, and do any of the activities you enjoy.

Sources and Resources

1. Asthma and Allergy Foundation of America, www.aafa.org
2. American Academy of Allergy Asthma & Immunology, www.aaaai.org
3. National Heart Lung and Blood Institute, www.nhlbi.nih.gov
4. American Lung Association, www.lungusa.org/lung-disease
5. Medline Plus, U.S. National Library of Medicine, National Institutes of Health, www.nlm.nih.gov/medlineplus

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What services does Boston IVF provide?

With over ten locations throughout Massachusetts and Maine, our infertility centers offer a wide-array of services including consultation and evaluation, IVF, intrauterine insemination, ovulation stimulation cycles, ultra-sound services, blood hormone evaluations and more.

How can Boston IVF help?

Research suggests that many couples and individuals who can become pregnant with assisted reproductive technology (ART) do not because they are afraid to initiate treatment. At Boston IVF, we ensure patients are comfortable and confident throughout the treatment process. So, when it comes to assessing their chances to become pregnant, we take a personal approach. We assess our patient's chances based on their own health and fertility profile. By tailoring our medical evaluations and services to their personal needs, they receive the highest quality of customized treatment.

How can patients initiate a fertility evaluation at Boston IVF?

Simple actually. Call (888) 300-BIVF (2483) to schedule a consultation. In addition, our Patient Liaison Rhonda Gannon is available, via phone or email, to individuals with questions about their fertility. Go to www.bostonivf.com and click on our Ask Rhonda page.

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New center for robotic surgery helps women with gynecological disorders

At Brigham and Women's Center for Robotic Surgery at Faulkner Hospital, gynecologists are using cutting edge technology to treat and care for many gynecological conditions using state-of-the-art robotics to improve reproductive surgery outcomes.

At Brigham and Women's Center for Robotic Surgery at Faulkner Hospital, physicians use the da Vinci Surgical System to perform a wide variety of gynecological procedures including:

- Hysterectomies (benign or cancer)
- Myomectomy (removing fibroids but preserving the uterus)
- Tubal Reversals (after prior tubal ligation)
- Endometriosis
- Ovarian cysts and masses

Under the direction of Dr. James Greenberg, the Center is led by Dr. Antonio Gargiulo and Dr. Serene Srouji who are pioneers in the field of gynecological robotic surgery, having performed New England's first successful robot-assisted laparoscopic tubal sterilization reversal, as well as Boston's first robot-assisted hybrid myomectomy for the removal of very large myomata. They have since continued this accomplished partnership to perform more than 350 robot-assisted surgeries.

"Traditional open surgery requires one large incision and retraction to accommodate human hands, but only small incisions are required for the robot's hands," states Dr. Gargiulo. In fact, these hands are attached to four arms - one guides a high definition 3-D camera, two act as the surgeon's main arms, and an optional arm is often used for holding back tissue. The movements of the robot are always guided by a doctor, never programmed.

This miniaturization, increased range of motion, enhanced vision, and mechanical precision ultimately allow for virtually all reproductive surgeries to be performed laparoscopically, translating into added benefits for the patient, such as:

- Less blood loss
- Less post-surgical pain /less medication
- Quicker recovery and return to normal activities
- Less scarring
- Less likelihood of complications

"Many of our patients are still in their child-bearing years," states Dr. Srouji. "Of all the gynecological procedures performed today, the precision of robotic surgery allows us more opportunities to effectively preserve the fertility of our patients."

If you have any of the symptoms described above, call us at 617-983-7500 to schedule a consultation.

Dr. Antonio Gargiulo and Dr. Serene Srouji

Brigham and Women's Center for Robotic Surgery at Faulkner Hospital.

Trusted by prostate cancer patients from around the world – and around the corner.

If you've been recently diagnosed with prostate cancer, or care about a man who has, it's good to know about the option of minimally invasive robotic-assisted prostate surgery at the Brigham and Women's Center for Robotic Surgery at Faulkner Hospital.

Jim C. Hu, MD, MPH, director of the Center, is one of the most experienced surgeons in the nation with this procedure. Both he and his associate, Steven L. Chang, MD, MS, are fellowship-trained in robotic surgery.

Robotic-assisted prostate surgery is a state-of-the-art procedure that can offer shorter recovery times, less pain and weakness, and a quicker return to daily living. But what's most important is the experience of the surgeon using the technology — which is why so many patients turn to our surgeons and specialized team for our expertise in robotic-assisted surgeries for prostate, bladder and kidney cancers.

To receive a free brochure, or to schedule a consultation, call (617) 983-7500.
You can also learn more by visiting www.FaulknerHospital.org.

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Left: Steven L. Chang, MD, MS, Associate Surgeon, Brigham and Women's Hospital and on the faculty at Harvard Medical School.
Right: Jim C. Hu, MD, MPH, director of the Brigham and Women's Center for Robotic Surgery at Faulkner Hospital, on staff at Dana-Farber/Brigham and Women's Cancer Center and on the faculty at Harvard Medical School.

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The introduction of the iLASIK procedure means your wait for improved vision is over, because:

1. Most people are candidates – Get a free evaluation today
2. iLASIK technology is advanced and innovative — so it's safe and proven
3. The iLASIK procedure is not complicated — it's fast and virtually painless

The iLASIK Procedure — It's Safe And Proven

The technology used in the iLASIK procedure is very mature and very safe. Doctors have been doing LASIK for over a decade. Nearly 32 million LASIK procedures have been performed to date, making it the most common elective vision procedure in the U.S. In fact, all branches of the U.S. military and NASA recently approved LASIK for their servicemen and women thanks to studies using iLASIK technology.

You're Probably A Candidate

The reality is that the majority of people who meet the age and general health requirements are in fact good candidates for the iLASIK procedure. There are some conditions that exclude certain patients, but whether you have nearsightedness, farsightedness or astigmatism, there's a good chance you can still have the iLASIK procedure.

If you meet the basic criteria below, you should call today to book your free evaluation:

- You are at least 18 years old
- You are in good general health
- You have had a stable vision prescription for at least one year
- You have no existing eye disease

Take The Next Step

Now that you've learned the basics about the iLASIK procedure, you should:

- Schedule a FREE complimentary consultation with our doctors to determine if you are a good candidate for the iLASIK procedure

Presbyopia Correcting IOLs (Multifocal IOLs)

Presbyopia is a condition that most people over the age of 40 experience that results in difficulty seeing up close without the aid of bifocals, trifocals, or reading glasses. The age-related condition is believed to be caused by a hardening of the lens inside the eye, making it difficult for the eye's muscles to change its focus.

Over time, the lens becomes cloudy and develops into a cataract. It is said that, if we live long enough, we will all develop cataracts. The only way to treat cataracts is to remove and replace them with an Intraocular Lens (IOL).

Until recently, the primary option was to receive a "fixed focus" IOL. Patients who received this type of IOL typically had both eyes corrected for distance vision but usually still required glasses for intermediate and near vision.

If you are experiencing presbyopia or cataracts, you may be a candidate for one of the new technologically advanced IOLs that can provide a full range of vision. This means that you can read and see clearly in the distance and everything in-between, with little or no dependence on bifocals, trifocals, or contact lenses. It's almost like having a bifocal or progressive lens inside your eye.

Depending on the technological features of these IOLs, they may be described as "Accommodating IOLs", "Apodized-diffractive IOLs", or "Multifocal IOLs". Each of these lenses has some advantages and disadvantages. Which one is best for you depends on the unique characteristics of your eye as well as your lifestyle needs. You and your doctor will decide together which lens is more advantageous for you. New England Eye Center offers many premium lens options including Crystalens, ReStor, Toric and others.

The vast majority of patients who chose a Multifocal lens report they can read a book, work on a computer, drive a car – day and night – and play golf or tennis with an increased freedom from glasses. Multifocal lens surgery can address cataracts, presbyopia and astigmatism.

Intraocular Lens for Astigmatism

Advances in Intraocular Lens (IOL) technology now provide a reliable and effective option for patients with astigmatism. Until the recent introduction of Toric IOLs, people who are considered candidates for intraocular lenses could only have their nearsightedness and farsightedness corrected during lens implant surgery. Patients with astigmatism would either require corneal refractive surgery (LASIK, PRK, or LRI) after lens implant surgery or the would remain dependant on glasses or contacts due to uncorrected astigmatism.

Astigmatism is caused by the cornea being more curved in one direction than the other, much like a football. Toric IOLs are specially shaped IOLs designed to offset the imbalance created by the irregular shape of the cornea. Once implanted and aligned inside the eye, they stay fixed in place, thereby eliminating pre-existing astigmatism.

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Taking on cancer with a smile

Ariana and Dr. Ali O'Neil of Dana-Farber/Children's Hospital Cancer Center

When Sara Cepeda's daughter Ariana was just two months old, she made a terrifying discovery while changing the small girl's diaper. As Sara looked down at her baby on the changing table, she was horrified to see that Ariana's entire midsection was covered in bruises. At first, Sara wondered if her daughter could have been hurt by a stranger without her knowing, but a trip to the local emergency room revealed that her daughter's bruising was caused by a medical condition. Based on what they saw in a physical exam, the ER doctors suspected Ariana was suffering from either a virus or acute lymphoblastic leukemia (ALL) and made arrangements for the small girl to be transferred to Dana-Farber/ Children's Hospital Cancer Center right away.

"I was a nervous wreck," Sara says, remembering the long drive from Methuen to Boston. "Naturally I was hoping for the virus, but at that point all I could do was hope. I felt very helpless."

The following day Sara got Ariana's test results. Her daughter had leukemia and it was progressing rapidly, crowding out her normal bone marrow and hindering her body's production of red blood cells, white blood cells and platelets, all of which led to the bruising in her stomach. Within hours Sara was discussing her daughter's care with Ali O'Neil, MD, Chief Hematology and Oncology Fellow at Dana-Farber/Children's Hospital Cancer Center.

Dr. O' Neil immediately started Ariana on therapies to treat her ALL. Because Ariana was so small, the treatments were difficult on her at first, but it didn't take long before her bubbly personality persevered. In a few weeks she was smiling again, even when therapy occasionally made her nauseous and caused her beautiful black hair to thin and fall out.

"It was hard on Ariana at first, but she wouldn't let anything keep her down for long," Sara remembers. "After a few weeks, she was all smiles again. Aside from the hospital bed and lack of hair, you'd almost never even know she was sick."

Ariana kept on smiling, right through the next two-and-a- half years of therapy, (including an eight month stay at the Cancer Center as an inpatient). Being away from home during such a stressful time was difficult on the family, but Sara says the care they received at Dana-Farber/Children's Hospital Cancer Center made her homesickness bearable. While living at the hospital, Sara and Ariana formed an especially tight bond with the nurses on their floor, many of them even offering to sit with Ariana at points throughout the day so Sara could sneak off for a quick shower or simply steal a few moments for herself.

"The nurses made us feel so at home while we were there," she says. "Obviously it wasn't an ideal situation, but they made it as comfortable as possible. The entire time we felt so supported that it made Ariana's cancer seem less overwhelming."

Now, thanks to her treatment, Ariana's ALL is in full remission. She's full of life and says her daughter's beaming smile is never far from her lips. She currently sees Dr. O'Neil once a month for examinations and blood work, and will see her less and less as she gets further out from therapy.

But even when her family's time at Children's and Dana-Farber is just a distant memory, Sara says she'll always remember everything Dana-Farber/Children's Hospital Cancer Center staff did for her daughter.

"From our first trip to the emergency room to now, everyone at Children's and Dana-Farber has been great. One of the things I appreciate most is how they let you know what's happening with your child's treatment. They really make you a part of the decision making," she says. "It's empowering. I wouldn't want my baby to go to any other hospital in the world."

Copy provided by Tripp Underwood, Children's Hospital Boston

Ariana today. (photo courtesy of Courtney Perkins @2011)

For more information on pediatric leukemia visit dana-farberchildrens.org.

Dana-Farber/Children's Hospital Cancer Center offers the combined strengths of Children's Hospital Boston and Dana-Farber Cancer Institute to provide the most innovative care to children with cancers and blood disorders. It is the #1 pediatric cancer providers in the United States, according to U.S. News & World Report.

Dana-Farber's

July 2011

	Site
Tuesday 5	Whittier Street Health Center
Wednesday 6	Joseph Smith Community Health Center – Allston
Thursday 7	Roxbury Comprehensive
Tuesday 12	Longwood Medical Area – Children's Hospital
Wednesday 13	The Dimock Center
Thursday 14	Neponset Health Center
Tuesday 19	South End Community Health Center
Wednesday 20	Martha Eliot Health Center
Thursday 21	Fenway Health
Tuesday 26	Bowdoin Community Health Center
Wednesday 27	Joseph Smith Community Health Center-Waltham
Thursday 28	Mattapan Community Health Center

August 2011

	Site
Tuesday 2	Whittier Street Health Center
Wednesday 3	The Dimock Center
Tuesday 9	Bowdoin Street Health Center
Wednesday 10	The Dimock Center
Thursday 11	Mattapan Community Health Center
Tuesday 16	Martha Eliot Health Center
Wednesday 17	Joseph Smith Community Health – Allston
Thursday 18	Geiger Gibson Community Health Center
Tuesday 23	Bowdoin Street Health Center
Wednesday 24	The Dimock Center
Thursday 25	Mattapan Community Health Center
Wednesday 31	Joseph Smith Community Health Center-Waltham

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myletters&games

Letters

letters@metro.us

Pros, cons of gay marriage

Here's the reality of the vote that took place in New York state over marriage that most people in the more liberal side of the press have not talked about: Of 50 states, there are 41 that have laws on the books outlawing same-sex marriage. The vote in New York is hardly a victory for that minority; it actually shows just how bizarre their position is. No law by any government will change our faith, no matter how much money is thrown at it or who votes what.
JOHN HEMPHILL, VIA E-MAIL

So New York's Gov. Cuomo has signed into law the legalization of gay marriage. I agree with that, but call it a civil union, partnership, cohabitation, etc. — anything but "marriage." It's blasphemous, a gross distortion, sacrilegious and an affront to all who were brought up with the basic understanding that traditional marriage is a union between a man and a woman. And that is that!
HERB STARK, VIA E-MAIL

State Sen. Ruben Diaz thinks doomsday is upon us all due to gays allowed legally to marry? He should consider that doomsday more easily will be brought by nuclear weapons in Iran or Japan nuclear plants, or the rains in South Dakota or every imaginable natural or man-made disaster — virtually anything except two people who want to get married. The pursuit of happiness is a right, and all men and women are equal.
ANA MARTINEZ, VIA E-MAIL

What's wrong with a career?

RE: "POLITICS SHOULD NOT BE A CAREER": I read yet another letter disparaging "career politicians." The letter failed to address, however, the way in which "amateur politicians," who have yet to learn their way around, can easily be manipulated and bought by corporate-funded lobbyists. In every other phase of our lives, we accept careerism as a virtue (law, medicine, carpentry, auto repair, etc). Why is careerism suddenly an evil thing when it comes to the politicians whom we elect to govern us? **JON MELICK, DORCHESTER**

And she wants to lead us ...

So Michelle Bachman wants to eliminate the minimum wage? We need to get these kind of people out of our political system. They are dangerous to all of us!
BARBARA TARVYDAS, VIA E-MAIL

E-mail your letters: **letters@metro.us**
Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact information.

Horoscope

♋ Cancer **June 21-July 22.** It behooves you to keep a low profile. You'll attract far more attention when you don't call it to yourself.
♌ Leo **July 23-Aug. 22.** Associating with persons who have a purpose in life, not those who are merely drifting, will make you feel more secure about your affairs in general. Hang with those who are going places.
♍ Virgo **Aug. 23-Sept. 22.** Use your mental prowess to meet and overcome any obstacles you encounter. Considerable personal satisfaction can be derived from untangling knotty situations.
♎ Libra **Sept. 23-Oct. 23.** It normally isn't too smart to offer unsolicited advice to others. Yet if you can clearly see the answer to a problem that another is encountering, speak up and offer what you can.
♏ Scorpio **Oct. 24-Nov. 22.** Don't let another hurry you into making purchase beyond your chosen pace of consideration. Be cautious, firm and patient in all of your commercial dealings, regardless of the urgency.
♐ Sagittarius **Nov. 23-Dec. 21.** If you have to make a decision regarding something where your options appear to be of equal value, keep in mind a similar method that you found success with previously.
♑ Capricorn **Dec. 22-Jan. 19.** Better communications can be established if you work on it a bit. Try to resolve any misunderstandings you've had with frequent associates.
♒ Aquarius **Jan. 20-Feb. 19.** A recreational break could provide a healthy valve for preventing tension buildup in your body and mind. Allocate as much time as you can for doing nothing but fun activities.
♓ Pisces Feb. **20-March 20.** Several matters you've been trying to resolve can be concluded to your satisfaction if you simply deal with them one at a time.
♈ Aries **March 21-April 19.** There isn't likely to be too much that will escape your attention. You're curious, alert and receptive to life itself, and eager to both acquire and impart knowledge about most everything.
♉ Taurus **April 20-May 20.** Just in case you have to improvise while under fire, it will be important to keep your wits about you at all times concerning anything financial.
♊ Gemini **May 21-June 20.** It's the quality of effort that determines the value of rewards one can receive. Make sure your methods are industrious and productive, and you'll exceed even your own expectations.
BERNICE BEDE OSOL

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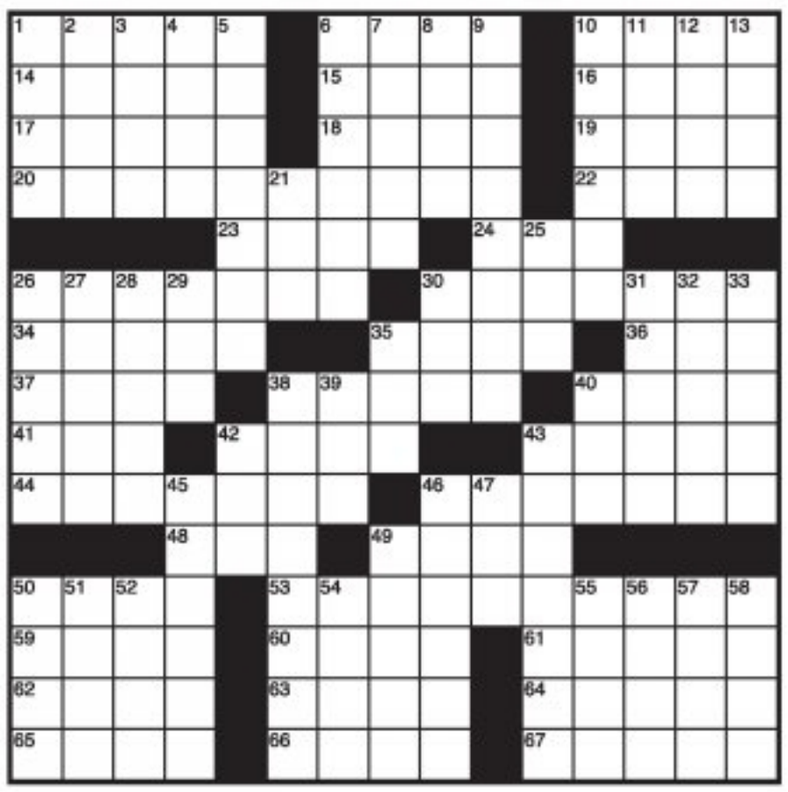
Across
1 Say without saying
6 Urban transport
10 Tailless cat
14 Indy's __ Andretti
15 Fuel cartel
16 Excuse me!
17 Tag __ (accompany)
18 Jahan was one
19 Noblewoman
20 Summer flower
22 Deep black
23 Pothole locale
24 "Exodus" name
26 Wall covering
30 Heavy-duty truck
34 Comes unglued
35 Sister of Meg
36 "Grand __ Opry"
37 Help a crook
38 Full of gossip
40 Vote
41 Persona __ grata
42 Fusses
43 Discussion group
44 Craftsperson
46 Pollen-bearers
48 Electrical unit
49 Outback mineral
50 Grassy area
53 Bwana's wear (2 wds.)
59 Pre-college
60 Toledo's lake
61 Kitchen herb
62 Commend
63 Forest grazer
64 Chilling
65 Key __ pie
66 Rochester's Jane
67 Hive of bees

Down
1 Statuesque model
2 Actress Powers
3 Ski instructors
4 Dryer residue
5 Dairy-case buys
6 Get equal billing
7 Orchard pest
8 Suitor
9 Corn
10 Succeeded (2 wds.)
11 Jezebel's spouse
12 Verne skipper
13 Mutant heroes (hyph.)
21 Ova
25 Stadium noise
26 Breath, in yoga
27 Repair-bill item
28 FBI member
29 Ready
30 Tarboosh
31 Kentucky folk hero
32 DeGeneres sitcom
33 Wooded valleys
35 Mass-transit vehicle
38 Eliot novel (2 wds.)
39 Half a candy?
40 Ms. Shriver
42 Bonfire remains
43 Tastes
45 Cloud-seeding compound
46 Round object
47 __ Mahal
49 Basket willow
50 Shout
51 Asian range
52 Baba au __
54 Heavy hydrogen discoverer
55 Masticate
56 Sedgwick of the screen
57 Bahrain VIP
58 Pour out



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SUDOKU **LEVEL: EASY**

	7	6						
1						8	4	3
3				1	5		6	
		7		8				1
	6		2		1		3	
4				9		5		
	1		7	6				2
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						1	7	

SUDOKU **LEVEL: HARD**

Solution to yesterday's crossword

B	A	G	E	L		S	A	B	L	E		C	A	W
E	R	O	D	E		A	G	A	I	N		H	E	R
L	I	B	Y	A		T	O	L	L	H	O	U	S	E
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R	U	I	N	G			U	R	L	S		N	P	R
O	S	C	I	L	L	A	T	E		E	D	D	I	E
N	T	H		E	A	S	E	S		L	I	E	N	S
T	S	E		R	O	A	S	T		S	A	D	A	T

How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

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No return time yet for bearded Woods

- Unsure when he'll be back on the Tour
- Spending his days rehabbing
- Says he won't play in July's British Open unless he has a chance to win

RIKARD LARMA/METRO

▶ Woods seemed in a good mood when he addressed the press at Aronimink Golf Club in suburban Philly yesterday.

Tiger Woods walked into Aronimink Golf Club in suburban Philadelphia yesterday sporting a full-on beard and mustache. Either he forgot to shave, or he was sending a message: Even hurt, he's still the man on the PGA Tour.

Woods was at the course for the first day of the AT&T National, which benefits his foundation. Even before reporters had a chance to ask about his balky knee and ankle, the golfer opened by laughing and saying, "I'm feeling good; just had lunch."

No one asked what he ate. All the questions were about one thing: When is Woods returning to Tour?

"There's no timetable," Woods said. "That's hard for me. I've always been very goal-oriented about when I'm going to play, how I'm going to peak, how I'm going to get ready, how my practice schedule is going to be. And I'm not doing that this time."

Woods said he came back too soon at The Players, and wouldn't make that mistake again. While he admitted to some leisurely putting, Woods hasn't teed it up and hit it for real. Instead, he's been rehabbing in the gym and watching cartoons with his kids. (For the record, he's sick of the "Dora the Explorer" theme song.)

If there was a goal, which Woods repeatedly said there is not, it would be the British Open in two weeks. But he won't enter unless he's 100 percent.

"I won't go over there to just show up," Woods said.

MIKE GREGER
mgreger@metro.us

VIDEO: IS THERE A LIMP?
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Beard reaction

The Twitter-verse certainly noticed Woods' new look yesterday.

- **@TM_Damo**
  Just seen Tiger Woods with a beard on Sky Sports News. His look now matches his reputation! #dirtyboy
- **@JasonSobelGC**
  Wheels churning in Ponte Vedra Beach headquarters already. Tiger Woods' facial hair? It's a playoff beard! FedExCup right around the corner!

A reason for the change?

While it's not up to the level of Walt Frazier's mutton chops, there might be a grand purpose behind Tiger Woods' new look, according to one commentator.

"There's a theory out there that suggests that men who usually don't wear beards grow them when they want to reflect an inner change on the outside," Nicholas Carlson wrote on the Business Insider website. "Maybe the beard means Tiger has come to terms with himself and is ready to give young Rory McIlroy a run for his money."

GETTY IMAGES

▶ McIlroy, beardless

Woods: 'Cool' to see Rory dominate

Tiger Woods watched Rory McIlroy dismantle the field at the U.S. Open in the same way we all did.

In awe.

Woods said yesterday that it was "cool" to see the 22-year-old stay aggressive, even with such a massive lead in the tournament.

"That was seriously good playing," Woods said. "That's what's fun, when you have a lead and keep building it."

Then Woods took it a step further, saying he agreed with Mark O'Meara. Woods' longtime friend commented that McIlory has a better swing than Woods did at the same age.

"I felt like at the same age, yeah, his swing is definitely better than mine was," Woods said.

METRO/MG

Good day, bad day

Good day
The U.S. women's national soccer team opened the World Cup on the right foot, beating North Korea, 2-0.

It took the Americans 54 minutes to break through, when Lauren Cheney beat DPRK keeper Hong Myong Hui.

Bad day
Talk about a buzzkill. Just weeks after winning the Stanley Cup, Bruins captain Zdeno Chara will meet with Montreal police over his March 8 hit on Habs F Max Pacioretty.

Authorities are deciding whether to press charges against the B's D-man.

Report: Ortiz to start at first base today

David Ortiz spent the start of another interleague game on the bench last night.

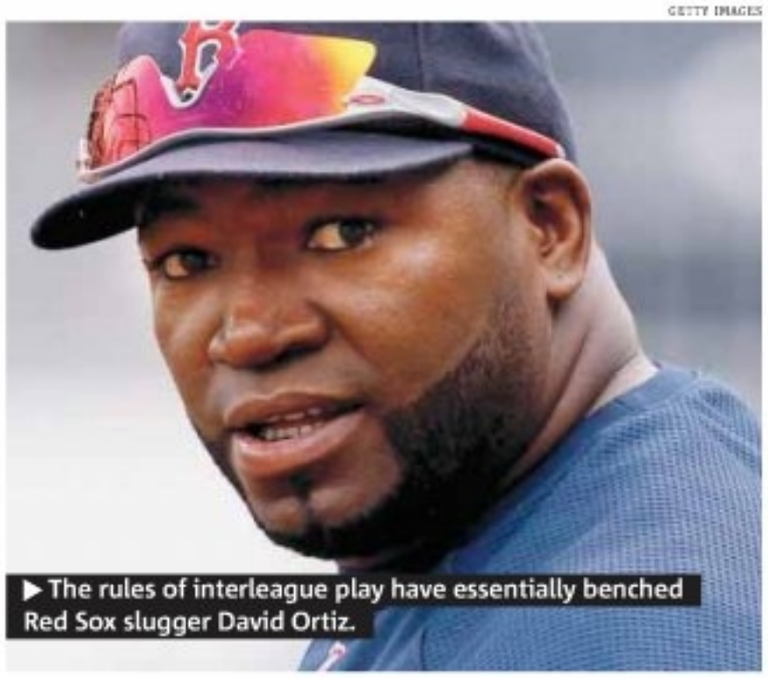
But he could finally be back in the lineup at Philadelphia tonight, if an online report is to be believed.

An hour before first pitch in the Red Sox's series opener at Philadelphia, the Boston Herald's John Tomase tweeted that Ortiz "has already been told he'll play first base [tonight], with Adrian Gonzalez moving to the outfield."

Boston's DH has been a man without a position during the Sox's interleague trip to three straight National League parks. Getting him in the lineup means either sitting Gonzalez or moving the usual first baseman to the outfield. The latter is the route the Sox have purportedly chosen. METRO

"He's having a great year and he's not playing. That's awful."
TERRY FRANCONA

GETTY IMAGES



▶ The rules of interleague play have essentially benched Red Sox slugger David Ortiz.

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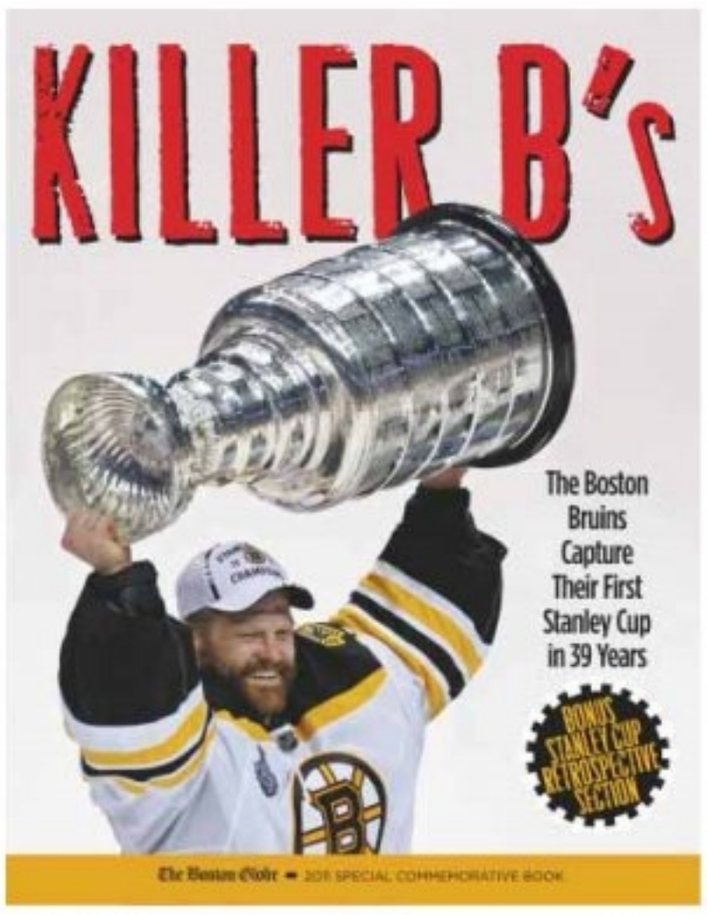

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Legal Notices

NOTICE OF PETITION FOR APPOINTMENT OF ADMINISTRATOR	Docket No. SU11P1224EA	**Commonwealth of Massachusetts** **The Trial Court** **Probate and Family Court**

In the Estate of: James Robert Heinlin

Late of: Boston, MA 02115

Date of Death: 05/09/2011

to all persons interested in the above captioned estate, a petition has been presented requesting that **William Francis Heinlin of South River, NJ** **be appointed administrator of said estate to serve** **Without Surety**	**Suffolk Probate and Family Court** **24 New Chardon Street** **PO Box 9667** **Boston, MA 02114** **(617) 788-8300**

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT:
Boston
ON OR BEFORE TEN O'CLOCK IN THE MORNING (10:00 AM) ON:
7/28/2011

WITNESS, Hon. Jon M Smoot, First Justice of this Court.
Date: June 23, 2011

Register of Probate

at home with metro

More than a MILLION

With an average home price of $1.2 million, Weston is the most expensive Bay State zip code
Think indoor basketball courts, wine cellars, steam rooms and dog-washing stations

▶ Yeah, if you have lots of money, you can live in a place with a porch and kitchen like this too.

Pricey places

Most expensive housing markets in Massachusetts

- Weston
- Wellesley
- Cohasset
- Newton
- Hingham

SOURCE: COLDWELL BANKER REAL ESTATE SURVEY OF 88 MARKETS IN MASSACHUSETTS

Those things mentioned in the subheadline are just a few of the decadent details found in the slew of over-the-top homes in Weston, Mass.

With the average price of a single-family home more than $1.2 million, Weston was named the seventh most-expensive community in the United States, according to a recent survey done by Coldwell Banker Real Estate. No wonder Red Sox slugger David Ortiz and Celtics owner Wycliffe Grousbeck reside there.

"The bottom line is that it has a great commute to Boston, great schools and picturesque neighborhoods," said Jeff Morgenstern manager of Coldwell Banker Residential Brokerage offices in Weston and Lincoln.

Much of the appeal of Weston, according to Morgenstern, is the fact that most of the houses are built on large lots of land.

"In general, it's not uncommon to see acre and two-acre lots in Weston. As you go further East, like Newton, Wellesley and Brookline, you start to get into smaller lots that are more like quarter- and half-acres," says Morgenstern. "There is an attraction to the rural character of our town."

These large lots also make it possible to build large homes. Just a few months ago, a town record was shattered when a 15,000-square-foot mansion with 10 bathrooms was sold for $15 million.

CHRISTINA WALLACE
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Keeping cool in summer heat

There are better ways to do it than sticking your head in the freezer We got top tips from an HGTV pro

It may feel nice to keep the air conditioning on full blast, but when you do that, you're running your energy costs sky-high and doing Mother Nature no favors. We spoke with Taniya Nayak, host of HGTV's "House Hunters on Vacation," for better tips for beating the heat.

Choose your fabrics wisely
Whether it's window treatments or pillows, cotton and linen are great, lightweight choices, she says.

Replace your rugs
"If you have a heavy carpet, a really inexpensive solution is to pick up a natural fiber jute rug. They're very nautical so it gives you that sense of coolness. You feel like you're on the beach."

Block UV rays
If you have a ton of heat coming in, get a UV blocking film for windows. It keeps UV rays out and "you can still have a clear glass."

Add white window shades
"They're white so they'll reflect the light off. Cellular shades or honeycomb shades are awesome too because they almost trap the heat in the cellular compartments of the shade."

Work with nature
"If you plant trees on the south or west sides of your house, it'll keep it cooler in the summer but it'll actually keep it warmer in the winters because the sun sets and rises on the opposite side in the winter."

Stay away during midday
Do dishes, wash and dry your clothes [and] cook in the morning or night. "You're just trying to avoid that midday heat — that's when it's the worst."

Think long term
"If you're going to live there for awhile, add insulation to your attic. It'll dramatically reduce the heat that's in your house."

Don't underestimate a fan
"Every person always wants to take them out. I love to fall asleep under a fan in my bedroom. There are nice styles to them now."

MEREDITH ENGEL
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▶ Step away from the refrigerator: There are better ways to stay cool.

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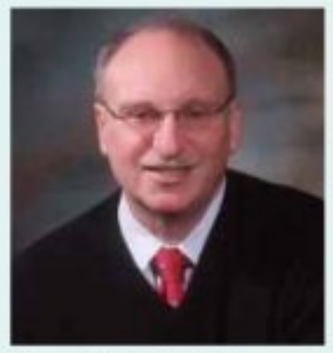

GETTING OLDER – THE NEW AMERICAN DREAM

By Attorney George Warshaw

The economy has changed the way older homeowners view their future.

Many are selling their long-time residence and renting rather than buying a replacement home. No more mowing the lawn, paying a mortgage and maintaining an aging house. Sell the house, bank the money.

The second home market in a prolonged down economy is usually the first to collapse and the first to present opportunities. Among those who rent their primary residence, many are taking advantage of the depressed market to buy a vacation house.

I spoke about this recently with Jennifer Knight, a REMAX buyer's broker on Martha's Vineyard (jennifer@jennifer-srealestate.com, (508) 221-2615).

"Tastes and needs have changed. Many who have sold their primary homes still need a place where they can entertain; where friends, children and family can be together, especially in an environment where there is a great deal of life, enjoyment and energy.

"But now they're buying with cash flow in mind. They're buying and then renting their Vineyard house for a month or two in the summer. The income from the vacation home rental covers the taxes and possibly operating costs, and they still get to host their family and friends."

Read the full story, and past articles, at www.georgeinthemetro.com.

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GWA

George Warshaw is a real estate attorney and author. He represents buyers and sellers of homes and condos in Massachusetts, and prepares wills, trusts, and estate plans. George welcomes new clients and questions at metro@warshawlaw.com.

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Occupancy September 2011

26 Affordable Units offered

Application period for inclusion in Affordable Unit Lottery closes

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Two-Bedrooms **from $1,000/month** (17 units)*
Three-Bedrooms **from $1,160/month** (2 units)*
*Rent includes Heat, HW, Water & Sewer (tenant responsible for electric & cooling)

The lottery for these units will be held at **1 PM on Thursday July 7, 2011** at Quincy City Hall.
Completed Applications for inclusion in the lottery must be received by **5PM on Friday July 1, 2011 (This Friday).**

Applications for the lottery must be picked up in person at 6 Fort Street, Quincy.‡
Mon, Wed, & Fri 9AM - 5PM ■ Tues &Thurs Noon - 8PM

‡For more info or reasonable accommodations call Maloney Properties at (617)-209-5401 or visit 6FortStreetApartments.com.
Annual Income for eligible households cannot exceed 60% of the Greater Boston "Area Median Income" (AMI) - see details in table below.

Maximum Income Limits by Household Size (Annual)						
Household Size (Persons)	1	2	3	4	5	6
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